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Off the Student's Desk - YR10 student (anonymous) Year 10 Football Match report - Team Gucci vs. Team Tyler

The day of the rematch was finally here. The teams ready, waiting for the whistle in order to begin the clash between two teams. Silence struck the pitch for a moment which seemed as if it was an eternity...

The whistle goes and the teams fight for the ball and are in constant movement across the whole pitch. The strike of the ball showed contrast to the serenity of silence with the slight "bang... bang" every so often, but this was soon to be broken by a goal made by Oliver Evans in the first minute of the game; a great volley!

Despite the early disappointment for Tyler's team, they still persisted with jovial expression and high chins; nothing was going to hinder them from winning

this game. The perseverance had turned into many attempts on the behalf of Tyler's team which was saved by Liam Ash.

The whistle blew, the game finished and it was over. The ending score resulted in 5-0 to Team Gucci, a very pleasing result for them, but not at all for Tyler's team. Everyone tired, out of breath and hands on knees.

It was a very jovial time for the Gucci team, but this may not persist; for there are other very good teams in the league that they will face.

Upcoming Events Fixtures

- Badminton tournament (Medina)
- Table Tennis Tournament (Friday Lunch)
- Basketball Tournament

U13's Football Fixtures @ Sandown - Mrs. Beck

Monday saw two more u13 girls' football fixtures being played down at Sandown on their astro turf. Because of the last minute notice of this opportunity and the loss of players through illness, Cowes were only able to field a depleted team of 6 to face Carisbrooke and Sandown respectively. However, this was not an issue as the fixtures were played as 6-a-side.

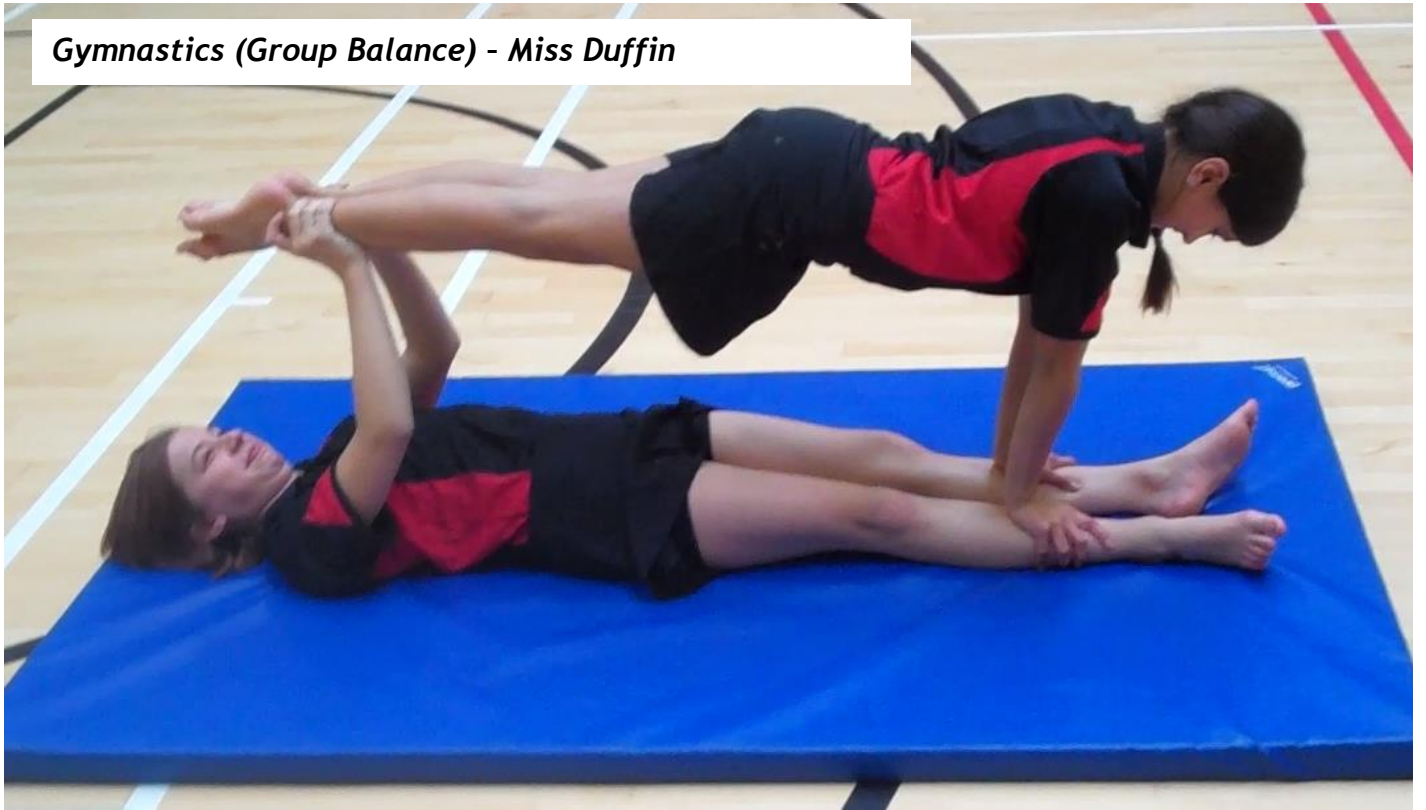
In the first match, against Sandown, our girls were quickly caught out, conceding two early goals but they were soon organised enough to put together their own attacks. Although Sandown put away two more goals, the majority of their attacks were successfully thwarted by some strong defensive play.

The second match, against Carisbrooke, was much closer with the ball constantly travelling from end-to-end! Carisbrooke scored 3 stunning goals, when they eventually were able to break through, while Cowes just managed the one - despite several near misses, bouncing off the keeper, the uprights and the crossbar in a series of near misses.

All the Cowes girls did themselves proud in both matches, running their socks off throughout. An excellent effort!

Team: Rebecca Fletcher, Gabby Hippolite, Holly Moody, Faith Colebrook, Amelie Davis and Eadie Sollars (1).

Gymnastics (Group Balance) - Miss Duffin



Off to see the Saints...

Mr. Hughes is in the process of arranging trips to see the Saints at Southampton for the following games:

Saints vs. Arsenal (Sunday 10th Dec)
Saints vs. Everton
Saints vs. Spurs
Saints vs. Liverpool

Any student interested in attending any of the above trips who has not yet registered their names, please see Mr. Hughes during break to collect additional information.



Celebrating Student Success in Sport



Many students here at CEC are involved in sporting activities outside of school. The PE Staff would like to be informed of all significant sporting achievements your son / daughter have been a part of.

On 18th November **Ollie Ash (YR7)** took part in the IOW Tae Kwon-do Island Tournament. He entered 2 competitions, point stop sparring and continuous sparring.

Point stop sparring means that each time a fighter scores a point by a kick or punch to the body the game is paused and reset. Ollie went two bouts against two other contestants and won both so became the Gold medal winner for his weight.

Continuous sparring was a fight for a set period of time during which the contestants had to get as many legal kicks or punches on their opponent. After two separate bouts Ollie won both and won the Gold medal for his weight in this discipline also.

On Sunday he went through the grading process and successfully achieved his red belt getting an A grade. We are obviously very proud of his achievements.

Written by Sally Ash

Please email all sporting achievements to: SBarry@cowesec.org

The PE n -
Promoting
physical
Education
and
Celebrating
Student
Success in

Stars of the Week awarded to...



Sport / Motivation Quote of the Week

You don't want to look back and know you could've done better.

- Anonymous