

E1M KS3

KEY

-  Health and wellbeing
-  Relationships
-  Sex and Relationships
-  Living in the wider world
-  Enterprise and Citizenship
-  Charter opportunities



How do I keep myself safe in the community and online?

How can I keep myself safe on the road and water, at school and at home?
How can I protect my digital footprint?



How do I keep myself healthy?

How do I achieve positive well-being?
What is a healthy lifestyle?
How can I deal with the physical and emotional changes that I may face during puberty?



How can I be the change I want to see?

What can I do to make a difference to the school environment?



What is respect?

How do I develop healthy relationships?
What can I do when I recognise an unhealthy relationship?



How can I prepare for life in the modern world?

How does Britain work?

How can I make effective and ethical financial decisions?

YR7



How do I keep myself healthy?

How can I ensure I have positive well-being and mental health when using social media?
How can I manage the influence my peers have on me through strengthening my self-esteem and resilience?
What are the effects of serious illness and how can I support others going through illness?



How do I keep myself safe?

What are the consequences of anti-social behaviour on communities?
Why is digital consent significant?
How does anonymity and invisibility affect behaviour online?

How can I use first aid to help others?



How can I prepare for life in the modern world?

What liberties do we have in this country which not all countries enjoy?
How does the justice system work?
How are rights balanced with responsibilities?
How can I achieve economic well-being?



What is respect?

What practical steps can I take to support respectful relationships?
How can we promote respect online?

YR9



How do I keep myself and others safe?

What is county lines?
How do I protect myself?
What strategies can I use to manage my own, and others' online behaviour?
Am I digitally literate?
How can I manage risk online?



How do I keep myself healthy?

How do I maintain positive well-being and mental health through challenges I may face as I get older?
What is sexual responsibility?
How do my lifestyle choices affect my wellbeing?



How can I be the change I want to see?

How can I develop community links through strong social action?
How can I tackle the generation divide?
How do I develop personal skills to connect with people in a different age group to me?



What is respect?

How can I deploy strategies to resist peer pressure?
What are my legal rights and responsibilities around relationships?



How can I prepare for life in the modern world?

How do I recognise and manage influences on my financial decisions?
How is gambling a risk to my economic well-being?
What makes me employable?

KS4