

Everyone Matters (E1M) Term 2 Update and Survey

Dear parent/carers,

Last term in E1M students across Years 7-10 studied a range of topics in relation to our 'How can I keep safe?' unit. The Year 7s looked at a variety of safety topics including keeping safe in the water, by the road and around fire. We were delighted with the enthusiasm applied to their fire safety campaigns.

The Year 8s completed a variety of practical First Aid activities and now know what to do in emergency situations including applying CPR, how to use an EpiPen and how to make a sling.

The Year 9s learnt about County Lines and gang exit strategies. Additionally, they considered their personal identity and how to protect this online. They also explored the meaning of discrimination and how to ensure all people have equal rights and opportunities.

The Year 10s explored a range of strategies in relation to emotional safety, including identifying types of mental illness, reframing a negative mindset, the impact of new challenges and how to have a more positive mindset. They were also signposted to a variety of support groups as well as support in school.

Year 11 students developed their oracy and debate skills through consideration of a variety of viewpoints in relation to their Religious Studies unit: Peace and Conflict. The students explored views on war, the use of weapons of mass destruction and pacifism, relating these views to historical and recent wars.

A recent student voice and topic survey showed overwhelmingly positive results in relation to student understanding of the above topics. Student voice also showed that a strong majority of students appreciate and understand the rationale and unique delivery of E1M in our Main Inspiration Zone (MIZ). I have thoroughly enjoyed reading all student comments including "I enjoy E1M because it teaches me more about the world and how to keep myself safe." Other students also commented on the MIZ allowing for more practical work and an opportunity to explore a range of views.

Students have been reminded through assemblies of the rationale behind our unique and innovative E1M curriculum. This has included reminding students that we deliver this in the MIZ due to it being the heart of our school, which mirrors the importance of high quality PSHE, RSE and Citizenship to us. The E1M curriculum also reflects our Cowes Enterprise College (CEC) mission to 'Educate for Life' in order to prepare our students for a life beyond CEC.

We are proud that members of the Senior Leadership Team deliver E1M due to the breadth of specialist training undertaken, and a vast experience in pastoral care and PSHE delivery, but also to share with our students the content that we often find ourselves saying "I wish I was taught that in school!" Through E1M students experience a new way of working together and learning which we believe is important in their overall development which builds flexibility, oracy skills and teamwork in our students.

We highly value our parent input into this important curriculum and would be grateful if you could complete this short [survey](#) in relation to our E1M PSHE and RSE curriculum. This will support our continued review and reflection of this subject, as well as how we can further support parents to prepare and respond to conversations at home. In addition to the survey, please find attached the [RSE policy](#) and our [Key Stage 3 Curriculum booklets](#) which signposts a variety of organisations and websites related to the E1M content.

Over this next half term each year group will build on their understanding of 'How can I keep myself healthy?' through the study of the following content.

Please find information on this term's enquiry questions in the table below.

Year group	Enquiry questions to be covered this half term
Year 7	How do I achieve a positive wellbeing? What is a healthy lifestyle? How do I keep my mouth healthy? What do energy drinks do to my body? Is exercise really that important?
Year 8	What is a positive body image? What are the effects of airbrushing and the media? How can I have a positive self-esteem? How can we banish body talk? How can I maintain physical and mental health?
Year 9	How do challenges contribute to emotional wellbeing? How can we recognise signs of worry and what actions can we take to manage these? How do we reframe negative thinking? How can we recognise that someone we know may have mental wellbeing issues and what support is available?
Year 10	Substance use: How can I assess risk to make healthy and safe decisions? Substance use: What are the physical effects on health and managing influence? Where can I go for further support? What is Cancer? 'Movember' How do I check my testicles for symptoms of testicular cancer? Coppafeel What is breast cancer and how can I trust my touch? What happens when eating becomes disordered? What physical health decisions may I need to make? What is blood, organ and stem cell donation?
Year 11	What are my options after Year 11? How do I write a strong personal statement? How do I create an impactful CV? How do I use networking and social media to help me get a great job? How do I ace a job interview? How should I behave in the workplace? What are my employment rights and responsibilities?

Thank you in advance for your continued support and your valued completion of the [survey](#).

Kind regards,

Danielle Godfrey

Assistant Principal