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Principal: Mrs Rachel Kitley

20th March 2024

Educate for life

Dear parent/carer,

Wellbeing Award

As part of our commitment to the mental wellbeing of our staff and students, we are delighted to be being reassessed for the Wellbeing Award for Schools. Back in 2020 we secured the Wellbeing Award for Schools due to our preventative and educative work on mental health. As this three-year award has now expired, we are completing the reassessment process during this Summer term.

Developed in partnership with the National Children's Bureau (NCB), the Wellbeing Award for Schools is intended to help schools prepare and equip themselves to promote emotional wellbeing and positive mental health across the whole-school community. NCB's vision is an education system where good emotional wellbeing and mental health are at the heart of the culture and ethos of all schools, so that pupils, with the support of their teachers, can build confidence and flourish. More information on the award can be found here. Wellbeing Award for Schools (ncb.org.uk)

As part of the award, we are keen to seek further parent feedback on our current provision. We would appreciate a few minutes of your time to complete the stakeholder evaluation form below. The stakeholder form is multiple choice. However, if you would like to leave comments, you are able to do so.

We previously sought your feedback in October which was very informative and supported us in introducing further support for our students in school.

Some examples of our recent work are included below;

- Sixth form mentoring for younger students
- Aswell as our extensive pastoral support, we have a staff CHANGE team dedicated to reviewing our mental health provision
- Further surveying of our students to ensure that we are proactive with support and respond to student voice
- We relaunched our student CHANGE team who continue to raise awareness of mental health topics
- Our students continue to support in delivery of our assembly programme to ensure that student voice is represented
- We restructured our assembly programme to ensure that mental health features every half term and that we continue to signpost support
- We have recently launched our Wellbeing Warriors, a group of students who will support their peers and signpost further support
- We are working with the Mental Health Support Team (MHST) to provide strategies and support for a number of students in school
- Additionally, the MHST team are delivering workshops to students to raise mental health awareness
- We have delivered 'exam stress' interventions for students who had self-identified that the exam process was challenging
- We continue to signpost support for parents/carers on our website and social media pages

More information of how we support students in school can be found on our website. <u>Cowes Enterprise</u> College, An Ormiston Academy - Wellbeing at Cowes (cowesec.org)

As a parent/carer, your voice and support is very important to us.

Please complete the stakeholder evaluation below by 12th April 2024.

User evaluation | AwardPlace

By completing this survey, you agree to your responses being passed on to the third-party award administrator. The information provided will be passed on anonymously and used purely for the purposes of evaluating and improving the award. No personal information shall be passed on.

We will also be seeking student feedback on our mental wellbeing provision with a similar multiple-choice stakeholder evaluation form. If this is something you would not like your child to be involved in, please email dgodfrey@cowesec.org by Monday 25th March.

Thank you in advance for your support and time.

Kind regards,

Danielle Godfrey Assistant Principal