### WEEK I

#### MONDAY

MAIN EVENT	Macaroni Cheese Pasta Bake
VEGGIE CHOICE	Roasted Pepper & Tomato Pasta Bake
JACKET BAR	Jacket Potato with Salad & Coleslaw,
ON THE SIDE	Garlic Bread

#### TUESDAY

MAIN EVENT

**ON THE SIDE** 

**Chilli Beef Tacos** 

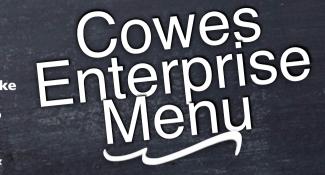
**VEGGIE CHOICE** 

Quorn Chilli Tacos

**Jacket Potato with Salad JACKET BAR** 

& Coleslaw, **Savoury Rice & Spicy** 

Wedges



**AVAILABLE DAILY** 

**Fresh Sandwiches & Filled Rolls** 

Pasta Pot of the Day **Fruit Salad Pots** 

**Carrot & Cucumber Sticks** 

Watermelon Slices

**Selection of Hot & Cold Sweets** 

**Cakes & Biscuits** 

#### WEDNESDAY

MAIN EVENT	Roast Pork Loin
VEGGIE CHOICE	Quorn Sausage
JACKET BAR	Jacket Potato with Salad & Coleslaw,
ON THE SIDE	Yorkshire Pudding Roast Potatoes, Roasted Carrots, Savoy Cabbage
THURSDAY	

MAIN EVENT

**VEGGIE CHOICE** 

Chicken Tikka Massala

Sweet Potato & **Butternut Squash Madras** 

**JACKET BAR** 

**ON THE SIDE** 

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lacket Potato with Salad & Coleslaw,

**Basmati Rice, Bombay** Potatoes, Garlic Naan Bread

**Vegetables or Baked** 

#### FRIDAY

MAIN EVENT	Battered Pollock Fillet	
VEGGIE CHOICE	Quorn Fishless Fingers	
JACKET BAR	Jacket Potato with Sala & Coleslaw,	
ON THE SIDE	Chips, Seasonal	

Beans

Meal Deal Any main meal with dessert & bottle of water Only £2.95

## WEEK 2

#### MONDAY

MAIN EVENT	Spaghetti Bolognai	ise
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- **Quorn Bolognaise VEGGIE CHOICE**
- **Jacket Potato with Salad JACKET BAR** & Coleslaw.
- Garlic Bread, Salad **ON THE SIDE**

#### TUESDAY

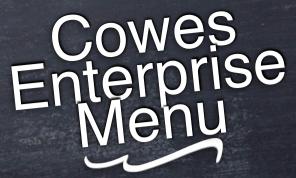
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MAIN EVENT	Battered Chicken Bal
VEGGIE CHOICE	Sweet n Sour Quorn Strips
IACKET BAR	Jacket Potato with Sa & Coleslaw,

**ON THE SIDE** 

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**Fried Rice or Stir Fry** Vegetables, Sweet n Sour Sauce

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**AVAILABLE DAILY** 

Fresh Sandwiches & Filled Rolls

Pasta Pot of the Day

**Fruit Salad Pots** Carrot & Cucumber Sticks

Watermelon Slices

Selection of Hot & Cold Sweets

**Cakes & Biscuits** 

#### WEDNESDAY

MAIN EVENT

#### **VEGGIE CHOICE**

**Cottage Pie** 

#### **Quorn Cottage Pie**

**JACKET BAR** 

**Jacket Potato with Salad** & Coleslaw.

**ON THE SIDE** 

**VEGGIE CHOICE** 

**JACKET BAR** 

**ON THE SIDE** 

**Roasted Carrots, Parsnips** & Gravy

### THURSDAY

**Chicken Katsu Curry** MAIN EVENT **VEGGIE CHOICE Quorn Katsu Curry JACKET BAR Jacket Potato with Salad** & Coleslaw, Stir fried Noodles, Garlic **ON THE SIDE** Flat Bread, Prawn Crackers FRIDAY MAIN EVENT **Jumbo Fish Finger** 

Sandwich

**Quorn Fishless Finger** Sandwich

lacket Potato with Salad & Coleslaw,

Chips, Seasonal **Vegetables, Baked Beans** 

Meal Deal Any main meal with dessert & bottle of water Only £2.95

### WEEK 3

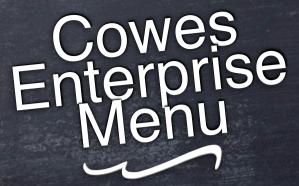
#### MONDAY

MAIN EVENT	Tomato Meatball Pasta Bake
VEGGIE CHOICE	Roasted Vegetable Pasta Bake
JACKET BAR	Jacket Potato with Salad & Coleslaw,
ON THE SIDE	Garlic Bread & Salad

#### TUESDAY

- MAIN EVENT Slow Cooked Minted Lamb Stew
- **Root Vegetable & Sweet** VEGGIE CHOICE **Potato Stew**
- Jacket Potato with Salad & **JACKET BAR** Coleslaw,
- **ON THE SIDE**

# **Crusty Bread**



#### WEDNESDAY

MAIN EVENT	Toad in the Hole
VEGGIE CHOICE	Quorn Sausage Roast
JACKET BAR	Jacket Potato with Salad & Coleslaw,
ON THE SIDE	Yorkshire Pudding, Roast Potatoes, Seasonal

### **AVAILABLE DAILY**

Fresh Sandwiches & Filled Rolls Pasta Pot of the Day **Fruit Salad Pots Carrot & Cucumber Sticks** Watermelon Slices **Selection of Hot & Cold Sweets Cakes & Biscuits** 

#### THURSDAY

**Chilli Con Carne** MAIN EVENT **VEGGIE CHOICE** 

**Ouorn Chilli** 

Vegetables, Gravy

**JACKET BAR** 

**Jacket Potato with Salad** & Coleslaw,

**ON THE SIDE** 

**Rice, Seasoned Wedges, Tortilla Chips** 

#### FRIDAY

MAIN EVENT

**VEGGIE CHOICE** 

Thai Prawn & Haddock **Fish Cakes** 

**Quorn Fishless Fingers** 

**JACKET BAR** 

**ON THE SIDE** 

**Jacket Potato with Salad** & Coleslaw,

Chips, Peas, Baked Beans, Sweetcorn

Meal Deal Any main meal with dessert & bottle of water Only £2.95