

Year 7

Autumn 1	Looks and Labels, Relationships and Respect What are first impressions? Who am I? What is self-esteem? What makes a relationship healthy? How are families different? What do healthy friendships look like? What is bullying?
Autumn 2	Individuality and Inclusion What is cyberbullying? How can I take a stand when I see bullying happening? Is everyone treated equally? What are stereotypes? How might people with disabilities be treated? How can we deal with racism? What support can I offer to others?
Spring 1	Bodies and Behaviours What is health? How can screentime affect my health? How much sleep should I be getting? What makes vaping addictive? How can I look after my teeth? What are the benefits of physical activity?
Spring 2	Bodies and Behaviours (cont.) How can I manage my personal hygiene? What are the physical changes of puberty? What happens during menstruation? What are the emotional aspects of puberty? How can I share key information about puberty with young people?
Summer 1	Hazards and Harms What is a risk? How can I keep safe within my local area, and further afield? How can I be safe on, and near, the road? How can I be safe near train lines? How can I be safe around water?
Summer 2	Parliament and Politics Can young people make a change? What is Parliament? How are political parties similar and different? What happens in a General Election? What would my platform for election look like? What do MPs do?

Year 8

Autumn 1	Health and Help What services are available to manage my health? Which common health conditions should I know about? How can I help someone who is choking or who is hurt? What is CPR, and how do defibrillators work? How do vaccinations work? Should vaccinations be compulsory? What do I need to know about gangs?
Autumn 2	Crime and Conduct What should I know about knife crime? What is grooming? What does 'county lines' mean? What is extremism? What are hate crimes? Is happiness the same for everyone? How can we support others with their mental health?
Spring 1	Mind and Mood How am I influenced? How might people view themselves? How might people respond to grief? What is addiction? What are units? What are the physical effects of drinking alcohol?
Spring 2	Drinks and Decisions What are the social effects of drinking alcohol? How can I manage influence and pressure around alcohol? What alternatives to alcohol exist? What is news? Can we always believe what we see online? How can I judge the reliability of what I see?
Summer 1	Screens and Sources How can I verify information? How might I be manipulated? How far can social media impact what we believe and what we do? How might what we see online affect how we feel? How can I REVIEW my news?
Summer 2	Consent and Connection How is data collected? How is life online different to the real world? What makes someone trustworthy? What is consent? What do healthy, romantic relationships look like? How might people show their commitment to their partner?

Year 9

Autumn 1	Spending and Saving What are my rights as a consumer? Which documents can help me to keep track of my money? How can a budget help to manage my money? How does credit work? What are the potential effects of gambling? How can I ensure that my money is kept safe? How effectively can I budget for a real-world scenario?
Autumn 2	Laws and Limits What exactly are laws, and where do they come from? Who is involved in the legal process? Are all courtrooms the same? How might citizens become involved in the legal system? How do courts decide on sentences? What does justice look like? What crimes occur near me?
Spring 1	Drugs and Dilemmas How might drugs affect us? Why do people use drugs? What does caffeine do to my body? What are prescription drugs? What do antibiotics do to my body? Why might people use steroids?
Spring 2	Condoms and Communication What does the law say about drugs? What risks are linked to drug use? Should cannabis be legalised? How can good communication make relationships stronger? How can we manage pressure in relationships? What are potential signs of abuse?
Summer 1	Condoms and Communication (cont.) How can online behaviour and content affect relationships? What does the law say about sharing nudes? What might people think or feel about sex? How are condoms used? What are STIs?
Summer 2	Power and People What does a democratic country look like? How else might a country be run? What does the Cabinet do? What advice would I give to the Cabinet in an emergency? Who in the UK holds the greatest power? How are those in power held to account?